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## Resources Mentioned in MSLHA Professional Development 10/27/23

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### ***Self-Regulation***

- <https://fpg.unc.edu/sites/fpg.unc.edu/files/resources/reports-and-policy-briefs/PromotingSelf-RegulationIntheFirstFiveYears.pdf>
  - [Blair & Diamond \(2008\)](#)
  - [Blair & Raver \(2011\)](#)
  - [Tominey & McClelland, 2011](#)
  - [Self-Regulation Briefs](#)
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### ***Co-Regulation***

- [Rosanbalm, K.D., & Murray, D.W. \(2017\). Caregiver Co-regulation Across Development: A Practice Brief. OPRE Brief #2017-80. Washington, DC: Office of Planning, Research, and Evaluation, Administration for Children and Families, US. Department of Health and Human Services.](#)
  - [Co-Regulation Research Updates](#)
  - [Episodic Memory \(Brien, A. 2021\)](#)
  - [Milligan, K., Astington, J., and Dack, L. A. \(2007\).](#)
  - Delahook, M. (2019). *Beyond Behaviors*. Pesi Publishing & Media
  - Greene, R. (2021). *Lost & Found: Unlocking Collaboration and Compassion to Help Our Most Vulnerable, Misunderstood Students (and All the Rest)* (J-B Ed: Reach and Teach)
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### ***It's Really About the Brain***

- Seigel, D. & Bryson, T. (2012). *The Whole Brain Child*. Delacorte Press.
  - Shanker, S. & Barker, T. (2017). *Self-Reg: how to help your child (and you) break the stress cycle and successfully engage with life*. New York, NY: Penguin Books.
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### **Executive Function Skills**

- [Center for the Developing Child Harvard](#)
  - Dawson, P., & Guare, R. (2008). *Smart but scattered*. Guilford Publications.
  - Magness, S. (2022). *Do Hard Things: Why we get Resilience Wrong and the Surprising Science of Real Toughness*. San Francisco, CA: HarperOne.
  - McCloskey, G. (2012). *Essentials of executive function assessment*. Hoboken, NJ: Wiley.
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## Motivation

- [Brain circuits underlying motivation](#)
  - Motivation Articles:
    - [Camacho, A., De Smedt, F., Maio, R., Cadima, J., Van Keer, H., & Alves, R. A. \(2023\). Writing motivation profiles and their association with writing performance. Topics in Language Disorders.](#)
    - [Cho, E., Dahl-Leonard, K., Kehoe, K., Capin, P., Hall, C., & Solari, E. \(2023\). Motivational practices in reading interventions for students with or at risk for dyslexia. Topics in Language Disorders.](#)
    - [Louick, R., Emery, A., Muenks, K., & O'Grady, M. \(2023\). Attending to motivation during vocabulary interventions for students with or at risk for learning disabilities. Topics in Language Disorders.](#)
  - [Ryan, R. M., & Deci, E. L. \(2000\). Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. American Psychologist, 55\(1\), 68–78](#)
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## Problem Solving & Planning

- [Ward & Jacobsen \(2022\)](#)
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## Adult Strategies

- [Regulate Relate Reason](#) (Dr. Bruce Perry)
- Neff, K.D. (2011). *Self Compassion: The Proven Power of Being Kind to Yourself*. New York, NY: William Morrow.