



Updates in Dysphagia Management

Angela Mansolillo, MA/CCC-SLP, BCS-S

Swallowing Disorders with over 30 years of experience. She is currently a senior Speech-Language Pathologist at Cooley Dickinson Hospital in Northampton, Massachusetts where she provides evaluation and treatment services for adults and children with dysphagia and is involved in program planning and development for inpatient and outpatient programming including quality improvement initiatives, patient education, and clinical policies and protocols. In addition, she is an adjunct faculty member at Elms College Department of Communication Sciences and Disorders in Chicopee, Massachusetts. Over the course of her career, she has worked in a variety of clinical settings, provided numerous regional and national presentations, and developed continuing educational content for a number of live and web-based audiences.

Ms. Mansolillo received her Bachelor of Arts degree in communication from Rhode Island College in 1983 and earned her Master of Arts in Speech-Language Pathology in 1985 from the University of Connecticut. She is a member of the American Speech-Language-Hearing association and is a member of Special Interest Division 13, which focuses on swallowing and swallowing disorders. She is a recent recipient of the Massachusetts Speech Language Hearing Association's Clinical Excellence Award.

Description of Presentation:

Dysphagia clinicians are presented with a great deal of, often conflicting, information. This presentation will provide research-based updates on a number of clinical dysphagia topics including breathing-swallow coordination, cough assessment, and the impact of aging on swallow function. Evidence for therapeutic interventions including swallow exercise, diet modification and liberalization, and sensory interventions will be provided to ensure development of targeted, effective treatment plans.

Learner Outcomes:

Upon completion of this presentation, participants will be able to...

1. Distinguish between normal aging impacts on dysphagia and dysphagia
2. Choose exercise and sensory swallow interventions that are targeted to specific swallow impairments
3. Discuss risks and benefits of dietary modifications for individuals with pharyngeal dysphagia

Speaker Financial Disclosures:

Receiving reimbursement for this presentation

Speaker Non-Financial Disclosures:

None



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**Maine Speech Language
Hearing Association**

Intermediate Level
0.3 ASHA CEUs